



Home Medical Equipment



## Your First Choice in Home Medical Equipment

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### Our Knowledge

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Please stop by or call to ask about other products not featured in this catalog.

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# Preventing Falls In Your Home

Based on the original version printed by the Centers for Disease Control and Prevention



CDC. National Center for Injury Prevention and Control.  
Available at: <http://www.cdc.gov/ncipc/pub-res/toolkit/checklistforsafety.htm>. Accessed: April 29, 2011.

*Each year, thousands of older Americans fall at home. Many of them are seriously injured, and some are disabled. In 2002, more than 12,800 people over age 65 died and 1.6 million were treated in emergency departments because of falls. Falls are often due to hazards that are easy to overlook but easy to fix. This checklist will help you find and fix those hazards in your home. The checklist asks about hazards found in each room of your home. For each hazard, the checklist tells you how to fix the problem. At the end of the checklist, you'll find other tips for preventing falls.*

**Look at the **STAIRS AND STEPS** you use both inside and outside your home.**

**Are there papers, shoes, books or other objects on the stairs?**

- ☐ Pick up things on the stairs. Always keep objects off stairs.

**Are some steps broken or uneven?**

- ☐ Fix loose or uneven steps.

**Are you missing a light over the stairway?**

- ☐ Have an electrician put in an overhead light at the top and bottom of the stairs.

**Do you have only one light switch for your stairs (only at the top or at the bottom of the stairs)?**

- ☐ Have an electrician put in a light switch at the top and bottom of the stairs. You can get light switches that glow.

**Has the stairway light bulb burned out?**

- ☐ Have a friend or family member change the light bulb.

**Is the carpet on the steps loose or torn?**

- ☐ Make sure the carpet is firmly attached to every step, or remove the carpet and attach non-slip rubber treads to the stairs.

**Are the handrails loose or broken? Is there a handrail on only one side of the stairs?**

- ☐ Fix loose handrails or put in new ones. Make sure handrails are on both sides of the stairs and are as long as the stairs.

**Look at the **FLOORS** in each room.**

**When you walk through a room, do you have to walk around furniture?**

- ☐ Ask someone to move the furniture so your path is clear.

**Do you have throw rugs on the floor?**

- ☐ Remove the rugs or use double-sided tape or a non-slip backing so the rugs won't slip.

**Are there papers, books, towels, shoes, magazines, boxes, blankets or other objects on the floor?**

- ☐ Pick up things that are on the floor. Always keep objects off the floor.

**Do you have to walk over or around wires or cords (e.g., lamp, telephone or extension cords)?**

- ☐ Coil or tape cords and wires next to the wall so you can't trip over them. If needed, have an electrician put in another outlet.

**Look at your **KITCHEN** and eating area.**

**Are the things you use often on high shelves?**

- ☐ Move items in your cabinets. Keep things you use often on the lower shelves (about waist level).

**Is your step stool unsteady?**

- ☐ If you must use a step stool, get one with a bar to hold onto. Never use a chair as a step stool.

**Look at all your **BATHROOMS**.**

**Is the tub or shower floor slippery?**

- ☐ Put a non-slip rubber mat or self-stick strips on the floor of the tub or shower.

**Do you need some support when you get in and out of the tub or up from the toilet?**

- ☐ Have a carpenter put grab bars inside the tub and next to the toilet

**Look at all your **BEDROOMS**.**

**Is the light near the bed hard to reach?**

- ☐ Place a lamp close to the bed where it's easy to reach.

**Is the path from your bed to the bathroom dark?**

- ☐ Put in a night light so you can see where you're walking. Some night lights go on by themselves after dark.



# Wheelchairs



MDS806250H2



Hybrid 2 in transport mode

## Hybrid 2

- Combination wheelchair and transport chair
- Two chairs in one
- Rear wheels remove with just the push of a button
- Weighs only 33 lbs (15 kg), 24 lbs (11 kg) when in transport mode
- Converts easily in seconds
- Comfortable nylon upholstery
- Includes anti-tippers
- 300 lb (136 kg) weight capacity

Chair	Arm Style	Leg Style	Seat W x D Inch (cm)	HCPCS
MDS806250NH2	Desk Length Removable	Swing-Away Detachable Footrest	16 x 16 (41 x 41)	K0004
MDS806150H2	Full Length Permanent	Swing-Away Detachable Footrest	18 x 16 (46 x 41)	K0004
MDS806200H2	Full Length Permanent	Swing-Away Detachable Elevating Legrest	18 x 16 (46 x 41)	K0004
MDS806250H2	Desk Length Removable	Swing-Away Detachable Footrest	18 x 16 (46 x 41)	K0004
MDS806300H2	Desk Length Removable	Swing-Away Detachable Elevating Legrest	18 x 16 (46 x 41)	K0004



MDS808200F2R

## Freedom 2

- Back folds down for easy storage and transport
- Back side features bottle holder, key ring, cell phone pocket, identification holder and pocket for billfold or iPod®
- Comfortable nylon upholstery
- Convenient side bag for storage
- Restaurant-style perm. armrests
- Convenient cup holder
- Seat belt for safety
- Tool-free adjustable, detachable footrests
- Weighs less than 15 lbs (7 kg)
- 300 lb (136 kg) weight capacity

Chair	Color	Seat W x D Inch (cm)	HCPCS
MDS808200F2R	Red	19 x 16 (48 x 41)	E1038
MDS808200F2B	Blue	19 x 16 (48 x 41)	E1038
MDS808200F2P	Pink	19 x 16 (48 x 41)	E1038
MDS808200F2S	Metallic Silver	19 x 16 (48 x 41)	E1038



MDS806140PEDE

## Excel® Kidz Pediatric

- Adjustable telescoping handles for caregiver comfort
- Durable vinyl upholstery
- Treaded, flat-free tires for safe riding
- Anti-tippers included
- Standard dual axle allows for easy adjustment of seat height to hemi level
- Padded and upholstered armrests and calf pads come standard
- Flip-back arms
- 14" (36 cm) W x 12" (30 cm) D
- 250 lb (113 kg) weight capacity

Chair	Arm and Legrest Style	HCPCS
MDS806140PEDE	Swing Back Desk Length Permanent Arms Detachable Elevating Legrests	E1229

## K4 Standard

- Elevating legrest models feature a notched, stainless steel ratchet bar to lock the legrests securely in place
- Swing back arms with easy flip back arm release
- Padded and upholstered armrests and calf pads are standard
- Quick release axles allow tool-free removal of rear wheels
- Dual axle hemi-height adjustable
- Adjustable height back
- Tough nylon upholstery
- PLUS models come with anti-tippers



MDS806550

Chair	Arm Style	Leg Style	Seat W x D Inch (cm)	HCPCS	Wt. Cap. Lb (kg)
MDS806500N	Swing Back Desk Length Removable	Swing Away Detachable Footrest	16 X 16	K0004	300 (136)
MDS806550N	Swing Back Desk Length Removable	Swing Away Detachable Elevating Legrest	16 X 16	K0004 K0195 or E0990	300 (136)
MDS806500	Swing Back Desk Length Removable	Swing Away Detachable Footrest	18 X 16	K0004	300 (136)
MDS806550	Swing Back Desk Length Removable	Swing Away Detachable Elevating Legrest	18 X 16	K0004	300 (136)
MDS806500PLUS	Swing Back Height Adjustable Desk Length	Swing Away Detachable Footrest	18 X 16	K0004	300 (136)
MDS806550PLUS	Swing Back Height Adjustable Desk Length	Swing Away Detachable Elevating Legrest	18 X 16	K0004	300 (136)
MDS806560	Swing Back Desk Length Removable	Swing Away Detachable Footrest	20 X 18	K0004 E2201	350 (159)
MDS806560PLUS	Swing Back Height Adjustable Desk Length	Swing Away Detachable Footrest	20 X 18	K0004 E2201	350 (159)
MDS806565	Swing Back Desk Length Removable	Swing Away Detachable Elevating Legrest	20 X 18	K0004 E2201 K0195	350 (159)
MDS806570	Swing Back Desk Length Removable	Swing Away Detachable Footrest	22 X 18	K0004 E2201	350 (159)
MDS806575	Swing Back Desk Length Removable	Swing Away Detachable Elevating Legrest	22 X 18	K0004 E2201 K0195	350 (159)

## Translator

- Converts in seconds, just flip the back to instantly convert from transport chair mode to rollator/walker mode.
- Easy-to-adjust push-button footrests lock to sides of translator when not in use
- Breathable nylon upholstery
- Height-adjustable push grips
- Comfortable hand brake
- Restaurant-style permanent armrests
- Convenient side carrying case
- Convenient cup holder
- Roomy, under-seat basket
- Strong carrying handles

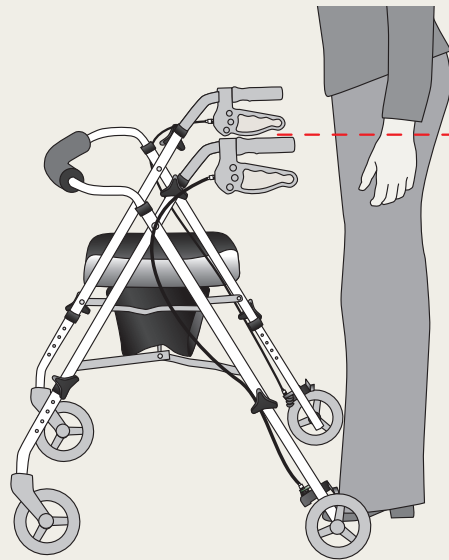
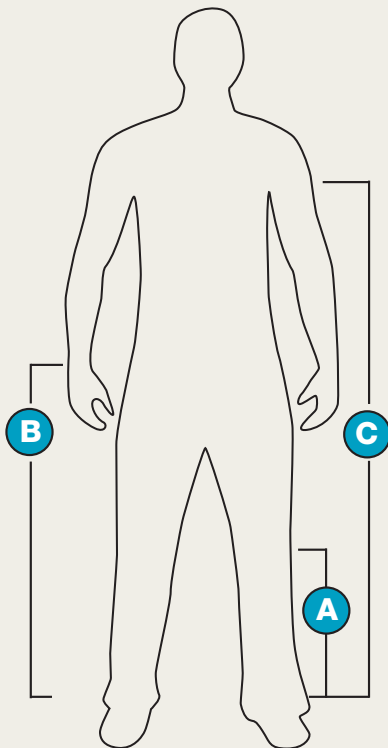


MDS808200TR



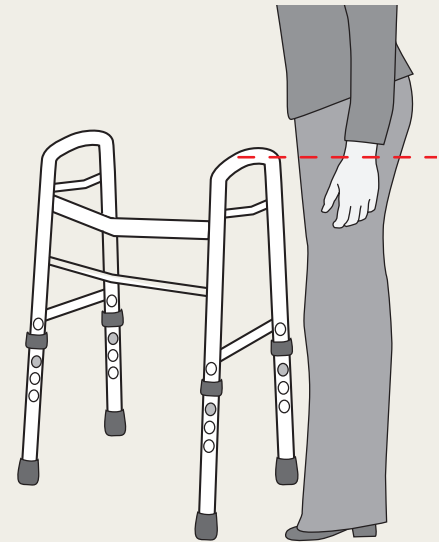
Chair	Color	Leg Style	Seat W x D Inch (cm)	HCPCS	Wt. Cap. Lb (kg)
MDS808200TRR	Red	Swing-Away Detachable Footrest	19 x 16 (48 x 41)	E0143 E0156	250 (113)
MDS808200TR	Blue	Swing-Away Detachable Footrest	19 x 16 (48 x 41)	E0143 E0156	250 (113)

# How To Adjust Your Mobility Aids



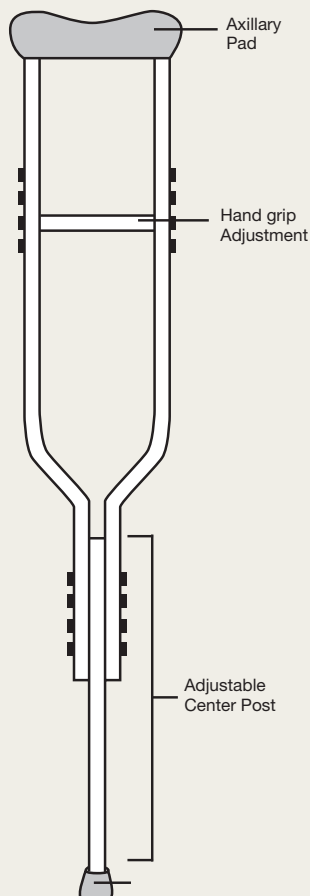
## Rollators

1. Select a rollator that is appropriate to the patient's weight.
2. Measure from the ground to the crease in the back of the knee. (See A).
3. Adjust the rollator legs accordingly so the seat is at same height as A.
4. Keeping arms at your side with a natural bend at the elbow, measure from the ground to the center of the wrist. (See B).



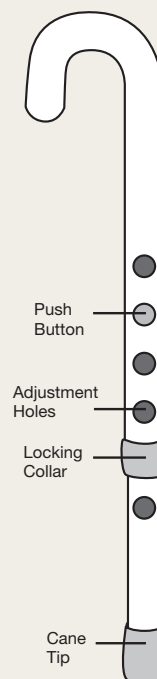
## Walkers

1. Select a walker that is appropriate to the patient's weight.
2. Keeping arms at your side with a natural bend at the elbow, measure from the ground to the center of the wrist. (See B)
3. Adjust all four legs to the same height so that the handgrips match the same height as the wrist.



## Axillary Crutches

1. Select a pair of crutches that is appropriate to the patient's weight.
2. For the overall crutch height, stand straight and measure from the ground to two to three inches below the axilla. The cushion should not be touching the axilla. (See C)
3. For hand grip height, keep arms at your side with a natural bend at the elbow, measure from the ground to the center of the wrist. (See B)



## Canes

1. Select a cane that is appropriate to the patient's weight.
2. For the ideal cane height, keep arms at your side with a natural bend at the elbow. Measure from the ground to the center of the wrist. (See B)
3. Loosen the collar on the cane and press the push-button lock, slide the lower tube into or out of the body of the cane until you get to the wrist-height measurement, and let the push button "click" into the closest hole to the measurement. Tighten the collar (check and re-tighten the collar regularly).



## Offset Handle Canes

- Contoured handle with foam grip provides a comfortable secure grip
- Complete with convenient wrist strap
- Offset handle design centers the user's weight over the strongest part of the cane
- Ergonomically designed to provide comfort and support for partial weight-bearing users
- Push-button, height-adjustable to find the perfect height
- Secured with a locking ring to provide quiet, rattle-free use and added safety



## Basic Aluminum Quad Canes

- Contoured handle with foam grip provides a comfortable secure grip
- Canes with four feet allow for greater weight bearing capabilities versus single point canes
- Small base design allows for a faster pace; large base design gives more stability at a slower pace
- Quad canes stand up on their own

### Offset Handle Canes

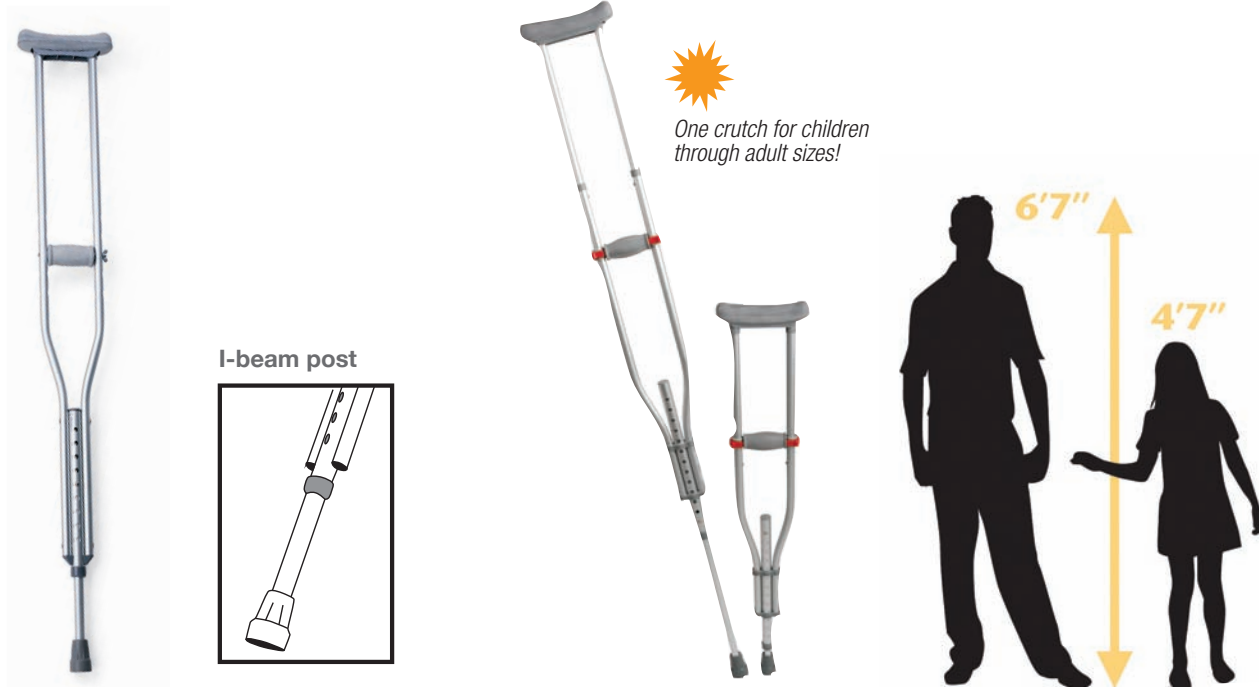
Item	Description	Color	Weight Cap Lb (kg)	Adjustment Inch (cm)	Cane Weight Lb (kg)
MDS86420	Foam Hand Grip	Black	250 (113)	29-38 (74-96.5)	0.8 (0.4)
MDS86420BRZW	Foam Hand Grip	Bronze	250 (113)	29-38 (74-96.5)	0.8 (0.4)
MDS86420CHRW	Foam Hand Grip	Chrome	250 (113)	29-38 (74-96.5)	0.8 (0.4)
MDS86420B	Foam Hand Grip	Blue Ice	250 (113)	29-38 (74-96.5)	0.8 (0.4)
MDS86420G	Foam Hand Grip	Green Ice	250 (113)	29-38 (74-96.5)	0.8 (0.4)

### Basic Aluminum Quad Canes

Item	Description	Color	Weight Cap Lb (kg)	Adjustment Inch (cm)	Footprint Inch (cm)	Cane Weight Lb (kg)
MDS86222W	Small Base	Black	250 (113)	29-38 (74-97)	6 x 8 (15 x 20)	2.0 (1)
MDS86222BRZ	Small Base	Bronze	250 (113)	29-38 (74-97)	6 x 8 (15 x 20)	2.0 (1)
MDS86222CHR	Small Base	Chrome	250 (113)	29-38 (74-97)	6 x 8 (15 x 20)	2.0 (1)
MDS86228	Large Base	Black	250 (113)	30-39 (76-99)	8 x 12 (20 x 30)	2.6 (1)
MDS86228BRZ	Large Base	Bronze	250 (113)	30-39 (76-99)	8 x 12 (20 x 30)	2.6 (1)
MDS86228CHR	Large Base	Chrome	250 (113)	30-39 (76-99)	8 x 12 (20 x 30)	2.6 (1)



## Walking Aids



### Standard Crutches

- Axillary crutches are the most common type of crutches
- Crutches are constructed of lightweight aluminum and are latex free
- I-beam construction helps reduce the wobbliness one sometimes feels when using crutches

### 3-in-1 Quick Fit Crutch

- One crutch fits all three sizes (youth, adult and tall adult)
- Features patented Red•Dot easy hand grip adjustment

Item	Description	Weight Capacity Lb (kg)	Patient Height Inch (cm)	Adj. Range Inch (cm)
<b>Standard</b>				
MDSV80534	Adult, Tall	300 (136)	5'10-6'6 (178-198)	52.5-60.5 (133-154)
MDSV80535	Adult, Med	300 (136)	5'1-5'9 (155-175)	44.5-52.5 (113-133)
MDSV80536	Youth	300 (136)	4'6-5'2 (137-157)	36.5-44.5 (93-113)
<b>Child</b>				
G53314-8	Child	200 (91)	3'9-4'7 (114-137)	31.5-37.5 (80-95)
<b>3-in-1 Quick Fit</b>				
MDS80540	Quick Fit	300 (136)	4'7-6'7 (137-200)	38.5-59.5 (98-151)

### Weil Knee Walker

- The Weil Knee Walker is a great alternative to crutches
- Unique 3-wheel design protects propelling foot from hitting the rear
- Features a full-length, extra-padded leg rest for maximum comfort
- Tool free for easy height adjustment
- Universal design allows use with either a left or right below-the-knee injury

Item	Description
MDS86000	Weil Knee Walker



*Designed by Dr. Lowell Weil Jr.,  
Podiatric consultant to the Chicago  
White Sox baseball club.*

MDS86000





MDS86825SLT

## Freedom Ultra Light Rollators

- Weighing only 11 lbs, the Freedom rollator is the lightest rollator on the market!
- Lightweight design makes this the ideal model for travel.
- Height adjustable seat and arms allow for a truly custom fit
- Accommodates users from 4'11"-6'4"

Item	Color	Wt. Cap. Lb (kg)	Wheels Inch (cm)	Distance Between Handles	Seat Height Min./Max. Inch (cm)	Height Min./Max. Inch (cm)	Product Weight Lb (kg)
MDS86825SLR	Burgundy	250 (113)	6 (15)	17 (43)	18-23 (46-58)	29-36 (74-91)	11 (5)
MDS86825SLB	Smoky Blue	250 (113)	6 (15)	17 (43)	18-23 (46-58)	29-36 (74-91)	11 (5)
MDS86825SLBLK	Black	250 (113)	6 (15)	17 (43)	18-23 (46-58)	29-36 (74-91)	11 (5)
MDS86825SLT	Titanium	250 (113)	6 (15)	17 (43)	18-23 (46-58)	29-36 (74-91)	11 (5)
MDS86825SLWT	White	250 (113)	6 (15)	17 (43)	18-23 (46-58)	29-36 (74-91)	11 (5)



MDS86810

## Standard Deluxe Rollators

- Includes ergonomically designed hand brakes
- Convenient handle on seat for easy folding
- Loop-style brakes you push down to lock and pull up to release
- Padded backrest and padded seat offer the ability to rest
- Height-adjustable arms to ensure a proper fit

Item	Color	Wt. Cap. Lb (kg)	Wheels Inch (cm)	Distance Between Handles	Seat Height Inch (cm)	Height Min./Max. Inch (cm)	Product Weight Lb (kg)
MDS86810	Burgundy	250 (113)	6 (15)	19.75 (50)	22 (56)	32.5-37 (83-94)	16 (7)
MDS86810G	Green	250 (113)	6 (15)	19.75 (50)	22 (56)	32.5-37 (83-94)	16 (7)
MDS86810B	Blue	250 (113)	6 (15)	19.75 (50)	22 (56)	32.5-37 (83-94)	16 (7)
MDS86810BLK	Black	250 (113)	6 (15)	19.75 (50)	22 (56)	32.5-37 (83-94)	16 (7)

## Walking Aids



MDS86850E

### Basic Rollators

- Provides all the necessary features at an affordable price
- Folds easily for compact storage
- Features a convenient basket

Item	Color	Wt. Cap. Lbs (kg)	Wheels Inch (cm)	Distance Between Handles	Seat Height Inch (cm)	Height Min./Max. Inch (cm)	Product Weight Lbs (kg)
MDS86850E	Burgundy	250 (113)	6 (15)	17.5 (44)	20.5 (52)	31-35 (79-89)	14 (6)
MDS86850EB	Blue	250 (113)	6 (15)	17.5 (44)	20.5 (52)	31-35 (79-89)	14 (6)



MDS864104

### Two-Button Folding Walkers

- Easy-to-use, push-button mechanisms let walkers fold
- Each side folds independently to allow easy movement through narrow spaces
- Side cross braces provide extra durability
- Push-button, height-adjustable legs
- Replaceable tips

Item	Description	Wheels Inch (cm)	Weight Capacity Lb (kg)	Approximate User Height Inch (cm)	Width Inside Hand Grip Inch (cm)	Height Adjustment Inch (cm)	Folded Width Inch (cm)
MDS864104	Adult	None	300 (136)	5'5"-6'4" (165-193)	16.75 (43)	32-39 (81-99)	4.5 (11)
MDS86410W54	Adult	5 (13)	300 (136)	5'5"-6'4" (165-193)	16.75 (43)	32.5-39.5 (82-100)	4.5 (11)
MDS86410W4	Adult	3 (8)	300 (136)	5'5"-6'4" (165-193)	16.75 (43)	32-39 (81-99)	4.5 (11)
MDS86410J4	Junior	None	300 (136)	4'6"-5'5" (137-165)	16.75 (43)	25-32 (64-81)	4.5 (11)
MDS86410JW54	Junior	5 (13)	300 (136)	4'6"-5'5" (137-165)	16.75 (43)	25.5-32.5 (65-83)	4.5 (11)
MDS86410WJ4	Junior	3 (8)	300 (136)	4'6"-5'5" (137-165)	16.75 (43)	25-32 (64-81)	4.5 (11)

# Making Your Bathroom Safer

*To help provide security and stability, use the guide below to understand where bath safety products can be located in and around the bathroom.*



## **A. Handheld Shower**

Hand held showers should be used for anyone who bathes with a shower chair or transfer bench. The 86" (218 cm) long hose allows a person to remain seated while bathing.

Item: G98035

## **B. Elevated Toilet Seat**

When bending is difficult, using the toilet can present a potential fall risk. Using a raised toilet seat will reduce the degree of required bending, thereby reducing fall risk.

Item: G30270A

## **C. Bathroom Grab Bars and Assist Bars**

Install grab bars in your bathroom to offer support in areas where falls are most likely to occur. These areas include anywhere that might have a wet surface or anywhere people tend to bend frequently. A grab bar's primary use is to steady the user and may not support the weight of a falling individual.

Bathtub Assist Bar – Clamps directly onto the tub wall. The assist bar helps make entry and exit safer.  
Item: G98006

Wall-Mounted Grab Bars (not shown)  
– Mounts directly to your wall to provide an extra grip when standing or sitting in the tub.

## **D. Transfer Bench**

When getting in and out of the tub becomes a difficult and potentially dangerous task, transfer benches are a careful alternative. The person bathing can sit down on the outside of the bathtub, swing their legs over the wall, and then easily slide across the seat while holding onto a hand rail mounted on the opposite side.

Item: MDS86952

## Bath & Toilet

### Wall Grab Bars

- Locate grab bars at any angle in the bathroom to help prevent falls
- Use grab bars in the kitchen, along stairways, or in the laundry room for additional fall prevention
- Combine grab bars with an elevated toilet seat or transfer bench for additional stability
- Knurled-texture steel bars are easy to grip even in wet bathing areas
- White painted steel with white screws blend in to match most bathroom decors



### Standard Knurled Chrome Grab Bars

Item	Length Inch (cm)	Diameter Inch (cm)
MDS86012CHRG	12 (30.5)	1 (2.5)
MDS86016CHRG	16 (40.6)	1 (2.5)
MDS86018CHRG	18 (45.7)	1 (2.5)
MDS86024CHRG	24 (61.0)	1 (2.5)
MDS86032CHRG	32 (81.3)	1 (2.5)

### Basic White Finish Grab Bars

Item	Length Inch (cm)	Diameter Inch (cm)
G87520	12 (30.5)	1 (2.5)
G87530	16 (40.6)	1 (2.5)
G87540	18 (45.7)	1 (2.5)
G87550	24 (61.0)	1 (2.5)
G87560	32 (81.3)	1 (2.5)
G87570	36 (91.4)	1 (2.5)



### Bath Tub Assist Bar

- Give patients confidence and support with an extra grip to help them transfer into the tub
- Step through clamp design provides unobstructed entry/exit path allowing better hand positioning
- Tool-free installation
- Rubber-lined pads won't mar the tub surface
- Adjust to fit tubs 2.75"-6.25" (7-26 cm)

Item	Description
G98006	Deluxe Tub Assist Bar



### Ergonomic Hand Held Shower

- Extra long 86" (218 cm) hose allows user to bathe comfortably while seated in the shower
- Diverter valve allows you to use your existing shower head
- Adapts to existing shower arm, delivering both standard and pulsating spray

Item	Description
G98035	Hand Held Shower





MDS89745R

## Basic Bath Benches

- Angled legs distribute weight over a large surface area to increase patient security
- Anodized aluminum frame is rust resistant
- Bath benches help patients who have difficulty sitting in a standard bath tub or standing in the shower
- Benches with a back give extra support and comfort
- Stools without a back provide easy access and maneuverability when bathing
- Non-slip, rubber feet resist slipping on the bathtub or shower floor
- Legs are height-adjustable for a proper fit

Item	Description	Color	Wt. Cap. Lb (kg)	Seat Height Inch (cm)	Seat Depth Inch (cm)	Seat Width Inch (cm)
MDS89740RW	Without Back	Gray	250 (113)	14.5-19.5 (37-49.5)	12 (30.5)	20 (51)
MDS89745R	With Back	Gray	250 (113)	14.5-19.5 (37-49.5)	12 (30.5)	20 (51)
MDS89740A	Without Back	White	250 (113)	14.5-19.5 (37-49.5)	12 (30.5)	20 (51)
MDS89745A	With Back	White	250 (113)	14.5-19.5 (37-49.5)	12 (30.5)	20 (51)



MDS86952

## Non-Padded Transfer Bench

- Allows patients to enter and exit tubs safely
- Suction cup feet grip the tub floor for added safety
- Side arm provides extra stability and leverage
- Height-adjustable legs accommodate most tub wall heights
- Textured backrest and seating surface offer a non-slip surface with holes for drainage
- Backrest attaches for right or left facing tubs easily without tools

Item	Description	Color	Weight Cap Lbs (kg)	Seat Height Inch (cm)	Seat Width Inch (cm)	Seat Depth Inch (cm)
MDS86952	Basic	White	300 (136.4)	16.5-21.5 (41.9-54.6)	17 (43.2)	16.5 (41.9)

## Bath & Toilet

### Basic Steel Folding Commodes

- Folding frame design assembles in seconds without tools
- Commode folds down to reduce storage space by 35% and makes delivery easier
- All models include pail, lid and splash guard
- Clip-on seats can be removed for easy cleaning



Item	Description	Weight Capacity Lb (kg)	Seat Height Range Inch (cm)	Seat Depth Inch (cm)	Width Between Arms Inch (cm)	Overall Width Inch (cm)
G30210-4F	Aluminum	250 (113)	17.5-21.5 (44.5-54.6)	16 (40.6)	19 (48.3)	21.25 (54)
MDS89664EL	Elongated Seat	400 (182)	17-23 (43.2-58.4)	16.5 (41.9)	19 (48.3)	22 (55.9)
G30213-4F	Steel	350 (159.1)	16.5-22.5 (41.9-57.2)	16 (40.6)	19 (48.3)	21.25 (54)



### Commode Accessories

Item	Description
MDS80306B	Replacement Commode Bucket
MDS89664LINER	Commode Liners
MDS89664T	Commode Tips
MDS89664SL	Seat and Lid Commode MDS89664
MDS89664SLXW	Seat and Lid Commode MDS89664XW
MDS89664SGC	Guard, Splash, Commode

### Basic 3 in 1 Non-Folding Commodes

- Commodes can be used bedside for those who may not be mobile enough to walk to the bathroom
- Can also be used in the bathroom as an elevated toilet seat or as toilet safety rails when combined with most standard toilets
- All models include pail, lid and splash guard
- Clip-on seats can be removed easily for cleaning
- Gray powder-coated steel commodes are rust-resistant and durable
- Aluminum commodes are lightweight and rustproof



Item	Description	Weight Capacity Lbs (kg)	Seat Height Range Inch (cm)	Seat Depth Inch (cm)	Width Between Arms Inch (cm)	Overall Width Inch (cm)
G30211-4	Chrome Plated Steel	350 (159)	16.5-22.5 (41.9-57.2)	16 (40.6)	19 (48.3)	21.25 (54)
MDS89664A	Aluminum	300 (136)	16-20 (41-51)	15 (38)	18.5 (47)	25.5 (65)
G30213-4	Painted Steel	350 (159)	16.5-22.5 (41.9-57.2)	16 (40.6)	19 (48.3)	21.25 (54)
MDS89664	Basic Steel	350 (159)	15-21 (38.1-53.3)	15 (38.1)	19 (48.3)	24 (61)

# Answers To Your Questions



## *How can I make it easier to get into and out of my bathtub?*

A **transfer bench** straddles the side of the bathtub, allowing you to sit down outside the tub and then move over the surface of the bench into the bathtub. You may also want to consider installing grab bars on the walls of the shower/tub area.

## *How can I prevent falling when I am bathing or showering?*

A **bath bench** can be placed inside your bathtub or shower. You can then safely sit on the bench while you wash your body. You may also want to consider installing grab bars on the walls and using a hand-held shower attachment to make showering easier.

## *How can I make it easier to get up from a toilet seat?*

A **raised toilet seat** can easily be installed on top of your toilet seat. The advantage of a raised toilet seat is that it provides additional height, decreasing the distance you have to sit down or stand up.

## *How can I keep myself steady and prevent falling when I am standing in the shower?*

Consider installing **grab bars** on the walls. Grab bars provide safety and support to help you maintain balance.

*Health conditions can create safety challenges in the bathroom and impair your mobility. These answers can point you towards products that improve bathroom safety and enhance your mobility.*

## *How can I keep the cast on my arm dry while I am bathing or showering?*

A **cast protector** is a plastic sleeve that can be pulled over your hand and forearm, shielding your cast from the water.

## *How can I take care of toileting closer to my bed?*

A **bedside commode** can be placed next to your bed, making it easy and accessible anytime. You can also use commode liners inside the commode bucket to make cleanup easier and sanitary.

## *What kind of walking aid would allow me to safely walk along outdoors, but sit down if I become tired?*

A **rollator** has four wheels, handbrakes, and a padded seat on which you can sit. A rollator allows you to safely walk along, but sit on the padded seat if you become tired.

## *Should I use a standard wheelchair (large wheels in rear) or a transport chair (small wheels in rear)?*

A **standard wheelchair** allows you to self-propel without the aid of a caregiver. Although a **transport chair** requires a caregiver to push the chair, a transport chair is smaller and lighter than a standard wheelchair—making a transport chair easier to transport in an automobile. Some people choose to own both a standard wheelchair and a transport chair, so they have the best of both worlds.

## *What kind of walking aid would allow me to be pushed (transported) part of the time and walk along part of the time?*

A **combination transport chair/rollator** is a convenient device which converts in seconds between the modes of transport chair and rollator. You can walk along and get exercise, sit and rest when you are tired, or be pushed along with the device in transport chair mode.

# Aids for Daily Living

ADLs are useful for people who have limited mobility or suffer from the inability to twist or bend. These personal care aids help the user maintain their dignity and independence.

## Hygiene/Grooming

- Aids for people needing a little help with day-to-day bathroom needs



MDSL1200



MDSB1215

Item	Description
MDSB1215	Swiveling Back Scrubber with Curved Handle
MDSL1200	Self Wipe

## Dressing Aids

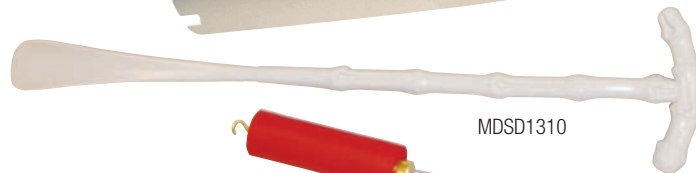
- Assists a person putting on socks, shirts and jackets; pulling up slacks or skirts, or removing socks
- Essential for anyone who has difficulty bending, limited range of motion or the use of only one arm or hand
- Also ideal for those that have difficulty manipulating buttons or zippers due to arthritis or limited fine motor control



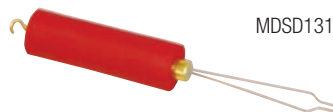
MDSD1100



MDSD1330



MDSD1310



MDSD1110



MDSD1210

Item	Description
MDSD1100	Dressing Stick
MDSD1330	Shoehorn, Sock Remover, with Non-Slip Handle
MDSD1310	Long Shoehorn with T-Shaped Handle
MDSD1110	Button Aid/Zipper Pull
MDSD1210	Deluxe Sock/Stocking Aid

## Ultra Reacher

- Specially designed with a hand grip allowing the use of all four fingers for greater grip strength
- Non-slip rubber tabs over composite jaws latch onto items more securely
- Weights only 14 oz.
- 31" (78.7 cm) reach

Item	Description
MDS86031RCE	Ultra Reacher



## Bed Assist Bar

- Features a soft grip for comfort, a pocket for handy storage and full length legs and straps for added safety
- Sturdily constructed bar offers quick and easy tool-free assembly.

Item	Description
MDS6800BA	Bed Assist Bar





## Physical Therapy and Exercise Products

Regular physical activity and exercise can provide important health benefits, such as a stronger heart, lungs and muscles, improved mental health and a better ability to do everyday tasks. Physical therapy can be beneficial for those using mobility and bathroom aids as exercise can improve strength and balance to help limit the risk of falling.<sup>1</sup>

### Low Powder Resistive Exercise Bands

- Cost effective bands, color-coded by strength in bright, vibrant colors
- Low Powder and low protein bands minimize discomfort during handling



Item	Color	Weight
<b>6 Yard x 6" Bands (5.5 m x 15 cm)</b>		
MDSHXY1H	Peach	Extra Light
MDSHXR1H	Orange	Light
MDSHXG1H	Green	Medium
MDSHXL1H	Blue	Heavy
MDSHXP1H	Plum	Extra Heavy
MDSHXS1H	Gray	Super Heavy



Item	Color	Weight
<b>50 Yard x 6" Bands (46 m x 15 cm)</b>		
MDSHXY1BH	Peach	Extra Light
MDSHXR1BH	Orange	Light
MDSHXG1BH	Green	Medium
MDSHXL1BH	Blue	Heavy
MDSHXP1BH	Plum	Extra Heavy
MDSHXS1BH	Gray	Super Heavy

### Theraputty™ Resistive Hand Exercise Material

- Each color-coded putty has a different consistency for strengthening the weakest grasp to extra firm
- Available in convenient easy-to-open plastic containers for use at home
- Putty material is gluten, casein and is latex free



Item	Description	Color
<b>2 oz (56.7 g) Theraputty</b>		
MDSP100956	XX-Soft Strength	Tan
MDSP100900	X-Soft Strength	Yellow
MDSP100901	Soft Strength	Red
MDSP100902	Medium Strength	Green
MDSP100903	Firm Strength	Blue
MDSP101466	X-Firm Strength	Black

### Pedal and Arm Exerciser

- Stay active with the lightweight, home exerciser that can easily be positioned in front of anyone's favorite chair for daily exercise
- Prop on standard kitchen table to build strength and conditioning in arms
- Feet have gripping material to prevent exerciser from sliding during use
- Adjustable knob allows for different resistance levels
- Electronic Display denotes exercise time, revolution count, RPMs and calories burned

Item	Description Use
MDS100	Lightweight, Economy Exerciser Upper and Lower Body



<sup>1</sup> Source: CDC's Division of Nutrition, Physical Activity and Obesity, National Center for Chronic Disease Prevention and Health Promotion. Accessed at [cdc.gov/physicalactivity/everyone/getactive/olderadults.html](http://cdc.gov/physicalactivity/everyone/getactive/olderadults.html) (2.16.2011)

## Beds & Accessories

### MedLite Beds



#### MedLite Full-Electric Bed

- Exceptionally light and easy to use
- Can convert to a low bed using MedLite Low Bed Conversion Kit--sold separately
- Premium Linak motors provide dynamic movement without disturbing a partner or surrounding residents
- Assembled weight: 145 lbs. (66 kg)
- Heavy-duty hand pendant
- Recessed headspring supports and foot assembly reduce the chance of pinching and injuries
- Height range: 14.5"-22.5" (37-57 cm)
- Weight capacity: 450 lbs. (204 kg)
- Four casters (2 locking)
- Warranty: 5 years for electrical and mechanical components; lifetime for the bed frame

Item No.	Description
MDR107003L	MedLite Full-Electric Bed

#### MedLite Semi-Electric Bed

- Among the lightest home care beds in the industry
- Features both automation and a traditional hand crank
- Premium Linak motors provide dynamic movement without disturbing a partner or surrounding residents
- Assembled weight: 137 lbs. (62 kg)
- Heavy-duty hand pendant
- Recessed headspring supports and foot assembly reduce the chance of pinching and injuries
- Height range: 14.5"-22.5" (37-57 cm)
- Weight capacity: 450 lbs. (204 kg)
- Four casters (2 locking)
- Warranty: 5 years for electrical and mechanical components; lifetime for the bed frame

Item No.	Description
MDR107002L	MedLite Semi-Electric Bed

### Basic Beds



#### Basic Full-Electric Bed

- Provides full automation at an economical price
- Light weight – foot section weighs just 42 lbs. (19 kg)
- Convenient DC motor box snaps off quickly, making delivery, set-up, and routine maintenance much easier
- 9V battery back up allows movement during power failures (battery not included)
- Recessed headspring supports and foot assembly reduce the chance of pinching and injuries
- Height range: 15"-20" (38-51 cm)
- Bed deck dimensions: 80" (203 cm) x 36" (91 cm)
- Assembled weight: 155 lbs. (70 kg)
- Weight capacity: 450 lbs. (204 kg)
- Four casters (2 locking)
- Warranty: 2 years for electrical and mechanical components; lifetime for the bed frame

Item No.	Description
MDR107003E	Basic Full-Electric Bed

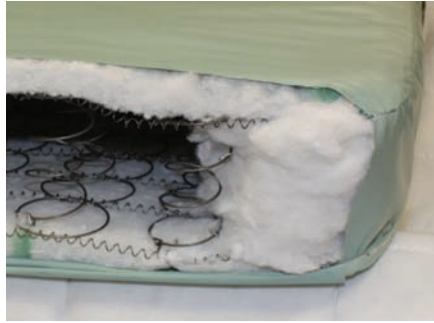
#### Basic Semi-Electric Bed

- Provides full automation at an economical price
- Light weight – foot section weighs just 42 lbs. (19 kg)
- Convenient DC motor box snaps off quickly, making delivery, set-up, and routine maintenance much easier
- 9V battery back up allows movement during power failures (battery not included)
- Recessed headspring supports and foot assembly reduce the chance of pinching and injuries
- Height range: 15"-20" (38-51 cm)
- Bed deck dimensions: 80" (203 cm) x 36" (91 cm)
- Assembled weight: 155 lbs. (70 kg)
- Weight capacity: 450 lbs. (204 kg)
- Four casters (2 locking)
- Warranty: 2 years for electrical and mechanical components; lifetime for the bed frame

Item	Description
MDR107002E	Basic Semi-Electric Bed

## Innerspring Mattresses

- Durable 8 oz. vinyl mattresses feature antimicrobial ticking
- Inverted side seams for patient comfort and caretaker convenience
- Your choice of innersprings, standard foam or high performance fiber



Item No.	Description	Dimensions: Inch (cm)	Wt. Capacity: Lb (kg)
MDR237827	7" (18 cm) Innerspring Mattress	36 x 80 x 7 (91 x 203 x 18)	250 (113)
MDR230982	8" (20 cm) Premium Innerspring Mattress	35 x 80 x 8 (89 x 203 x 20)	400 (181)



MDS89694N

## Side Rails

- Tool-free installation!
- Attractive hammer tone finish hides fingerprints and complements home décor
- Spacing between bars is less than 4" (10 cm) for patient safety
- MDS89694 and MDS89690 adjust in length from 48" to 72" (122 to 183 cm)

Item	Description
MDS89694N	Full Side Rail, 4 Bar Telescoping



## Low Bed Conversion Kit

- Designed to convert your Full Electric MedLite bed into a MedLite Low bed
- Easy installation – no tools needed

Item No.	Description
MDSLWBED	MedLite Low Bed Accessory Kit



## MedLite 4" Bed Extension Kit

- Increases bed length from 80" to 84" (203 to 213 cm)
- Easy assembly – no tools needed
- Retains 450 lb. (204 kg) capacity

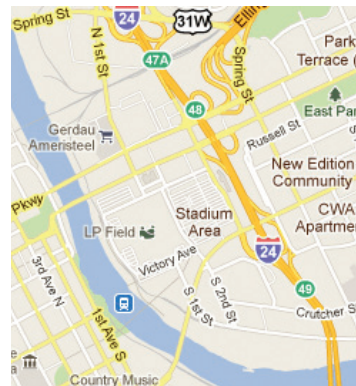
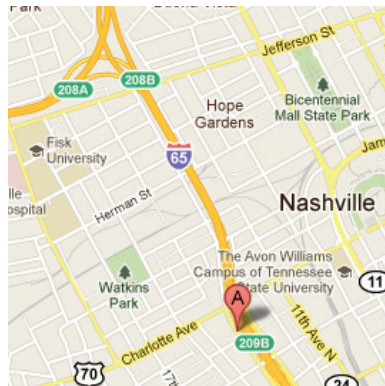
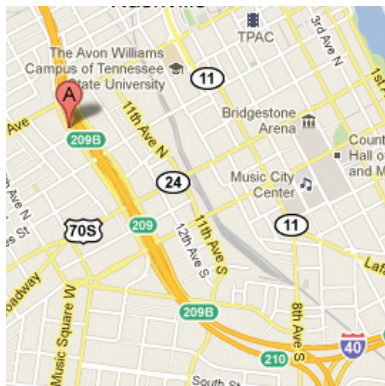
Item No.	Description
MDR630EXTN	4" Bed Extension Kit



## Transport Cart

- Can be used with MedLite semi and full models as well as Basic semi and full models
- Makes beds easy to transport and facilitates efficient storage

Item No.	Description
MDSBEDCART	Transport Cart



#### Town Name Location 1

123 Main Street  
Anytown, IL  
00000  
T: 800-123-4567  
F: 800-987-654d3  
www.sitename.com

#### Town Name Location 2

123 Main Street  
Anytown, IL  
00000  
T: 800-123-4567  
F: 800-987-654d3  
www.sitename.com

#### Town Name Location 3

123 Main Street  
Anytown, IL  
00000  
T: 800-123-4567  
F: 800-987-654d3  
www.sitename.com