

# Practical innovation

Pico nasal mask delivers performance for you and your patients



At Philips Respironics, we created Pico with a definitive goal in mind — to create a truly appealing traditional nasal mask that makes minimal contact with the face and offers simplicity, comfort and seal. These qualities make it an ideal choice for new and existing sleep apnea patients who want minimal disruptions to their lifestyle.

### Pico is the lightest and smallest traditional nasal mask on the market.\*

Pico is small, light, and comfortable – while providing a high level of therapy.\*

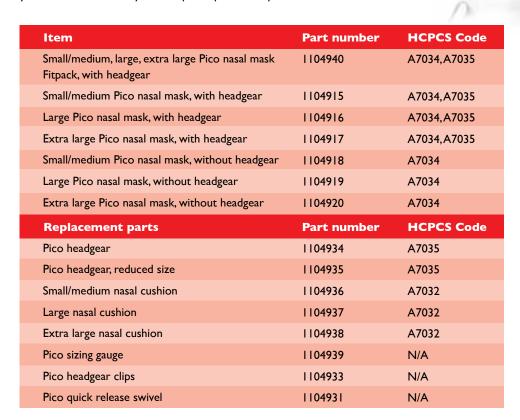
#### Pico comfortably fits more than 98% of patients\*

Pico offers patients a simple-to-use mask with an excellent seal that offers the freedom to watch television and read while wearing it.

Clinicians rated Pico easier to use, setup, and obtain a seal than the leading traditional nasal masks, making it ideal for your installed base optimization and new patient set-ups.\*

## Get started

To learn more about how Pico can start making a difference for your patients and your business, contact your Philips Respironics representative for more information.



#### The ANSWER

Transform your business the easier way

Pico is the latest in our comprehensive portfolio of advanced mask designs plus powerful resupply solutions and innovative technologies. It's all designed to work together to your distinct advantage at a time when you need it most.



Philips Respironics is working in harmony with the care team to produce solutions that can lead to healthier patients, healthier practices and healthier businesses.

<sup>\*</sup>Data on file. Internal Marketing Survey 2013.

## Pico fitting guide

Achieving the right fit with Pico is easy; just follow the instructions below to get started. See OIS fitting guide for complete instructions.



Before putting on the mask, make sure the cushion fits the width of your nose without blocking your nostrils. The top of the cushion may sit between the bridge and tip of your nose.



Disconnect the headgear clips by twisting them away from the frame like a key and undo the headgear tab by peeling it away from the headgear strap.



Pull the headgear on over your head and gently place the cushion over your nose.



Now, while holding the mask in place, connect the headgear clips by pressing onto the mask frame.



Adjust the top and bottom straps by pulling the tabs back evenly. The mask should rest lightly on your nose. Do not over-tighten. The headgear should fit loose and comfortable.



Next, connect Pico to the flexible tubing that came with your sleep therapy device. Some air leaking is normal. Adjust the side headgear straps to reduce leaks around your eyes.



Assume different sleeping positions. Move around until comfortable. If there are any excessive air leaks, make final adjustments while lying down.

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