

Operating Instructions



Mechanical Height Measuring Rod

What's In The Box







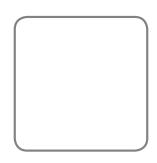






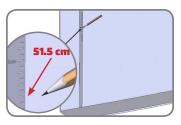




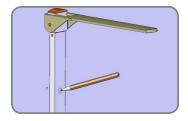


Wall assembly

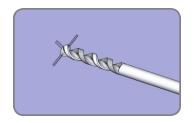
 Set marking at 51.5 cm above the floor, using a verified length measuring device.



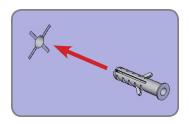
2. Extend height measuring rod and mark the second hole vertically above it.



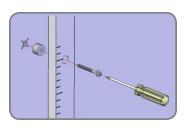
3. Drill both holes.



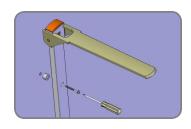
4. Insert the dowels.



5. Insert lower screw and tighten it.



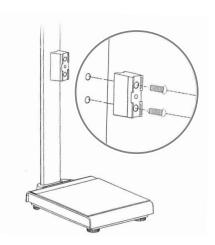
6. Insert upper screw and tighten it.



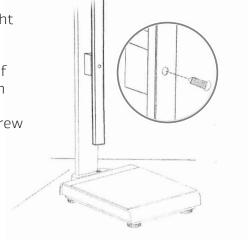


How to attach to scale

1. Use the 2 screws for screwing the bracket into the supplied insert nuts on the stand of the scales.

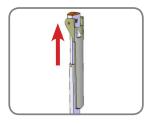


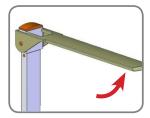
2. Extend the height measuring rod and tighten it in the lower hole of the bracket with the help of the appertaining screw

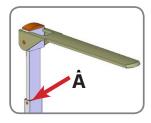


Body height measurement

Body height above 130 cm

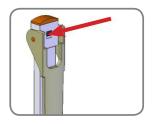


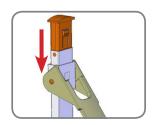


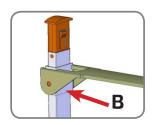


- **1.** Pull measuring rod upwards.
- Move head stop up into horizontal position until it locks.
- 3. Carefully push the measuring rod down until the head stop gently touchesthe head of the aligned person. Read body height on the measuring rod (marking A).

Body height below 130 cm







- Press locking and keep it pressed.
- **2.** Shift head stop downwards. Then move head stop up into horizontal position until it locks.
- Carefully push the measuring rod down until the head stop gently touches the headof the aligned person.Read body height on the measuring rod (marking B).