# Sit to Stand Slings



## Description

A standing sling is to be used in conjunction with a standing lift. Clients must be assessed for appropriateness of use. This sling is designed to provide support to a client using a sit to stand lift. Make sure to refer to the product information specific to the sit to stand lift or stand aid to make sure it is set up properly for your client's specific use. The knee blocks should be placed at an appropriate height.

### **Clinical Application:**

#### Appropriate for a client who:

- have some ability to weight bear at least 10-20%
- have control and head control
- have a rehabilitation goal connecting to standing and walking activities

#### May Not be appropriate for a client who:

- have zero weight bearing ability ie. No gluteal or quadriceps strength
- have limited or no trunk or next control

## **Sling Sizing Guidelines**

The sit to stand slings is available in the following sizes:

- X-small
- Small



- Medium
- Large
- X-Large
- XX-large

## **Application**

- 1. This is a 2-Part system. With the individual seated in their chair, ask the client to lean forward (this may require some assistance). The Bottom edge of the sling should be placed at waist level (top of pant line). Wrap the chest portion around the individual from back to front. Overlapping the ends of the belt, fasten the buckle portion of the sling and tighten to be comfortably firm.
- 2. Ensure that the sling is properly positioned on the client. At this point the client should be sitting comfortably in their chair. The straps of the sling should be placed under the arms. It is important that the client's arms remain on the "outside" of the sling
- 3. Attach appropriate length back straps to the carry bar/yolk. It is very important that the chosen length strap does not disrupt the client from a comfortable sitting position. (Shoulders should remain in line or slightly behind the hip, straps that are too short will cause the client to lean, inappropriately forward)
- 4. Start to raise the carry bar by pressing the "up arrow" on the hand control. Before the client is elevated from the sitting surface, ensure that all straps and connection points are securely and properly attached to the carry bar.
- 5. Once the transfer/activity is complete, and the client is safely positioned in their chair, the client can be leaned slightly forward to remove the sling.

## **Ordering Guidelines**

280070	Stand Aid Sling - XS
280071	Stand Aid Sling - S
280072	Stand Aid Sling - M
280073	Stand Aid Sling - L
280074	Stand Aid Sling - XL
280075	Stand Aid Sling - XXL
280076	Stand Aid Sling Belt - S
280077	Stand Aid Sling Belt - M
280078	Stand Aid Sling Belt - L
280079	Stand Aid Sling Belt - XL
521041	Non Slip Stand Aid Sling- JR
521042	Non Slip Stand Aid Sling- S
521043	Non Slip Stand Aid Sling- M
521044	Non Slip Stand Aid Sling- L
521045	Non Slip Stand Aid Sling- XL
521046	Non Slip Stand Aid Sling- XXL

