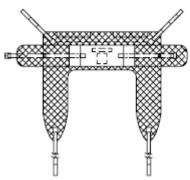
# HYGIENE SLING and DUAL ACCESS SLING





# Description

The Hygiene and/or Dual Access slings are specifically designed for toileting and hygiene functions. The Hygiene Sling features quilted material and comes with leg and shoulder straps with loops, allowing for a variety of seated positions. A wide strap across the chest, available with a Velcro or Buckle closure, provides additional upper body support. The Dual Access sling also has an internal non slip fabric and optional side straps to increase support when the client is in the sling.

Due to its design, the Hygiene and Dual Access Slings allows the user to remove clothing while the client is supported in the sling. This can make toileting less time consuming as it allows for a direct transfer between a bed, wheelchair, or chair to a toilet or commode.

The Hygiene and Dual Access Slings provide reduced body coverage relative to the Universal or Hammock Slings which increases its' versatility as outlined above. As the versatility of these slings increase compared the Universal or Hammock Sling so does the **risk**. The client must undergo a thorough assessment by a qualified health professional prior to prescription of the Hygiene Sling. The assessment must reveal that the client:

- Has adequate trunk control and does not require more trunk support than the Hygiene Sling provides
- Has head and neck control and does not require head support
- Has good **muscular endurance** (especially hip extension)
- Understands the function of the hygiene sling and is comfortable with its use
- Is Cooperative
- Is Predictable



**NOTE:** The use of the Hygiene and Dual Access Slings are sometimes the source of controversy, due to its application with a unique set of clients. Prism Medical recognizes the importance to continue to toilet/commode clients as long as possible; however, this practice needs to be assessed to be safe. It is important that each client be assessed by a health professional before the use of the Hygiene and/or Dual Access Sling.

Even if it is determined that the Hygiene or Dual Access Sling are appropriate for a client for toileting, it is recommended that a Universal or Hammock Sling be used for non-hygiene transfers.

The Hygiene and Dual Access Slings are used in conjunction with a floor lift or ceiling lift.

### **Weight Capacity**

The Hygiene Sling is rated to 1000lbs and the Dual Access sling is rated to 625lbs safe Working Load. This is true of all sizes and fabric combinations.

# **Sling Options**

#### **Fabrics:**

The Hygiene Sling is available in Quilted material only. Hygiene Slings have the option of a Velcro or Buckle closure for the chest belt.

**Head Support:** Due to the design the standard Hygiene Sling does not incorporate any head or trunk support, unless under specific custom ordering.

## **Clinical Applications:**

### Appropriate for a client who:

- Can demonstrate some level of hip extension / gluteal strength
- Has some basic core strength and head control
- Needs to complete a toileting or peri-care activity

## A different sling type will best meet the needs of a client who:

- Wishes to perform transfers other than from a bed, or chair to a toilet or commode
- Lacks adequate trunk control
- Requires head and neck support
- Lacks the cognition required to be safe in this sling
- Has unilateral above-knee amputation, or Bilateral lower limb amputations
- NOTE: Clients with unilateral below the knee amputations should be assessed on a case-by-case basis

# **Sling Sizing Guidelines**

Sizes: Hygiene Slings are available in a variety of sizes.

- Junior
- Small
- Medium



- Large
- X-Large
- XX-Large
- Custom

Please refer to the <u>Sling Sizing Chart</u> for the appropriate sling size for your client:

NOTE: The Hygiene Sling and Dual Access Sling typically fits larger than the Universal/Hammock Slings therefore appropriate assessment should be completed.

#### **Determining Hygiene and Dual Access Sling Fit:**

The sling must be sized appropriately to ensure that the sling does not shift up and into the client's axilla where it can exert pressure, creating discomfort and increasing the risk of injury to anatomical structures. The bottom edge of the waist belt should be positioned at the top of the hips (level with the iliac crest). The waist belt should be snug.

# **Hygiene and Dual Access Sling Application**

The Hygiene and Dual Access Slings will always be applied while the client is in a seated position.

The client who has been assessed to be safe in the Hygiene Sling has adequate trunk control and endurance and will be able to maintain a seated position while the sling is applied. If the client does not have the strength and/or endurance to maintain a seated position for sling application they should not be lifted in the Hygiene Sling.

There are two options for seated application:

- (1) the client is seated at the edge of the bed, in a wheelchair, or in a chair,
- (2) the client is in long sitting in a profiling/hospital bed with the head of the bed elevated.
- 1. Ask the client to lean forward.
- 2. Apply the sling:
  - a. Tuck the sling down behind the client's back with the tag on the outside
  - b. The bottom edge should fall at the top of the hips (iliac crest)
  - c. Fold the waist straps across the client's abdomen
  - d. Fasten the Velcro or buckle closure. Adjust as necessary to ensure a snug fit.

NOTE: The waist strap is intended for the security of the person and to keep the sling in place. It is in not intended to be weight bearing.

3. Tuck the leg bands under and between the upper thighs and crisscross the straps in the following configuration:

**Divided Leg "Closed/Crossover"** - Provides optimum comfort and security. The most commonly used (default) attachment option and is recommended. The "crossover" configuration can be achieved in two ways:

(a) One leg *strap* is threaded through the small opening in the opposite leg strap. This will decrease the size of the opening minimally and will ensure the legs do not splay.



(b) One leg *band* is crossed over the opposite leg band. This will provide more support than option (a) by decreasing the size of the opening even more. This will also bring the legs closer together than option (a).

- 4. Attach the loops on the straps to the carry bar on the lift
  - a. Make sure you use the same colour loops on both sides of the sling (i.e., if you use blue on the left leg strap, use blue on the right leg strap)
  - b. Remember: Short loops for Shoulders, and Long loops for Legs if you want the client to be lifted in an upright seated position

Important note: Once you have reached the point at which there is tension on the straps but the client has not yet been lifted off of the surface, STOP THE LIFT. Make sure all straps are securely fastened to the carry bar and that the sling has not shifted position on the client's body (i.e., it is not slipping up the client's back and into the axilla and there no folds or wrinkles in the sling fabric). If you notice anything of concern, stop the lift, and reassess the situation.

## **Ordering Guidelines**

Part Number	Description
517606	Hygiene Sling Quilted – Junior (Velcro)
517611	Hygiene Sling Quilted – Small (Velcro)
507621	Hygiene Sling Quilted – Medium (Velcro)
507631	Hygiene Sling Quilted – Large (Velcro)
517641	Hygiene Sling Quilted – X Large (Velcro)
517651	Hygiene Sling Quilted – XX Large (Velcro)
517605	Hygiene Sling Quilted – Junior (Buckle)
517610	Hygiene Sling Quilted – Small (Buckle)
517620	Hygiene Sling Quilted – Medium (Buckle)
517630	Hygiene Sling Quilted – Large (Buckle)
517640	Hygiene Sling Quilted – X Large (Buckle)
517650	Hygiene Sling Quilted – XX Large (Buckle)
8B0700	Dual Access Poly - Child
8B0600	Dual Access Poly - Jr
8B0500	Dual Access Poly - Small
8B0400	Dual Access Poly - Medium
8B0300	Dual Access Poly - Large
8B0200	Dual Access Poly - XL
8C0700	Dual Access Side Retention Straps - Child
8C0600	Dual Access Side Retention Straps - JR
8C0500	Dual Access Side Retention Straps - Small
8C0400	Dual Access Side Retention Straps - Medium
8C0300	Dual Access Side Retention Straps - Large
8C0200	Dual Access Side Retention Straps - XL

