

COMFORT RECLINE



The **Comfort Recline** is a general transfer sling. It provides good trunk and thigh support. It does not provide toileting access. The Comfort Recline Sling is only available in [Spacer Fabric](#) as it is a leave in sling.

The Comfort Recline sling is designed to be used in conjunction with a floor lift or ceiling lift. The sling is used to lift clients from bed or on/off the floor. This sling can only be applied in lying.

This sling can be used for clients with limited upper body function and tone. Clients with or without head control are well served by this sling due to the fact that this sling is available with or without head support.

This sling is designed to remain in position on the chair after the client is lifted to the chair. The Comfort Recline sling is Ideal when introduction of a sling is difficult (i.e., lifting a client into a tight fitting chair).

The Comfort Recline's function is due to the sling design:

- The sling does not have an opening/aperture, **eliminating potential pressure points** in the sacral and coccygeal regions
- The sling is only available in Spacer Fabric as it is designed to be **left in place**, following the appropriate risk assessment by a trained professional
- The sling has a **narrow design** compared to the Universal, Hammock, and Deluxe Support Sling, ensuring a more tailored fit
- Due to the tailored fit, little fabric is seen when left in place, contributing to the sling's increased **visual appeal**
- **Leg straps can be tucked away** when not in use. The midline leg straps can be tucked into the storage pouch between the client's thighs when not in use. This limits contact between the straps and the client's skin and is also more visually appealing.

- The sling positions the client in a more **upright seated position**, increasing the ease of lowering into a wheelchair
- If head support is required it is sewn on as an additional piece, allowing **independent head control and support**.

Weight capacity:

The Comfort Recline sling is weight tested to 440lbs

Available options:

Fabrics: The Comfort Recline Sling is only available in Spacer Fabric as it is designed to be left under a client in a seated position, if a risk assessment by a trained professional has deemed appropriate.

Head Support: The Comfort Recline Sling is available with or without head support

Clinical Applications:

Appropriate for a client who:

- Wishes to remain in a seated position for the majority of the day
- Is not removing current sling in a seated position
- Wants a sling that is more inconspicuous than other slings
- Needs or wants to sit at 90° hip flexion (Chair Position)
- Requires head support (optional head support is available)
- Has both lower extremities or lower limb amputation (unilateral or bilateral, above or below knee)
- Travels to other locations and needs to bring sling along
- Is safe to remain sitting on sling through the day

A different sling design will better meet the needs of a client who:

- Has extreme fixed kyphosis
- Wishes to remove sling in a seated position (this is not possible with the Comfort Recline design)
- Has a clinical condition that necessitates sling removal in seated position

Sling Sizing Guidelines

Sizes: The Comfort Recline sling is available in the following sizes:

- Junior
- Small
- Medium
- Large
- X-Large
- XX-Large
- Custom

Please refer to the [Sling Sizing Chart](#) for the appropriate sling size for your client.



Determining Comfort Recline Sling Fit:

Three points on the sling serve as landmarks in determining proper fit: (1) the darting in the hip region, (2) the bottom border of the sling, and (3) the top border for slings without head support. The darting in the hip region should line up with the client's hips when he/she is in a side lying position with the hips and knees flexed. To find the top border of the sling without head support draw an imaginary line between the shoulder straps.

Determining appropriate sling length:

With the client in side lying with hips and knees flexed, drape the sling over the client with the label facing out. The darting should be in line with the client's hips. With the darting in position, the bottom border of the sling should fall low enough to provide support to the gluteal region and the thighs. If the bottom border does not extend far enough, it can create added pressure to the thighs. If the bottom border extends too far, it can create added pressure behind the knees.

With the darting in position, the top border should fall between the client's shoulder (deltoid), and the top of the ear. If the top border does not extend high enough, it can create added pressure to the upper back.

Determining appropriate sling width:

The Comfort Recline has a narrower fit than the Universal Sling. When the center of the sling body is in line with the client's spine, the sling should extend anywhere from between the lateral aspect of the shoulder and the anterior crease of the shoulder (where the deltoid muscle and chest meet). When the client is in the sling, you should not be able to have both sides of the sling meet to fully encircle the client. This would signal that the sling is too big. However you should be able to come across the front of the client slightly, otherwise the sling will be too small.

Determining appropriate leg band length:

The Comfort Recline does not have leg bands. It does have midline leg straps extending from a storage pouch between the thighs. The leg straps are threaded through the midline leg straps prior to lifting to ensure appropriate sling fit. Neither set of straps should come in contact with the client's skin.

Comfort Recline Sling Application Instructions:

When the client is lying down:

1. Assist the client to roll onto his or her side with hips and knees flexed– have him or her help as much as possible.
2. Position the sling underneath the client:
 - a. Lay the sling on the bed
 - b. Fold the sling in half lengthwise with the tag on the outside
 - c. Place the folded edge 2 inches away from the client's spine and tuck the top layer under the client's back
 - d. Line the darting in the hip region up with the client's flexed hip
 - e. Bottom edge should support the client's gluteal region and thighs, and the top edge should be in line with the client's shoulder
 - e. Ask the client to roll onto his or her back



- f. Walk around to the other side of the bed
- g. Ask the client to roll away from you just enough that you can pull the tucked flap flat onto the bed
- h. Ask the client to roll onto his or her back

Note: Alternatively, you can drape the sling over the client while the client is in a side-lying position with the hips and knees flexed. Tuck the edge closest to the bed under the client by pushing down into the mattress. Have the client roll onto his/her back. Walk around to the other side of the bed and ask client to roll away from you just enough that you can pull the tucked flap onto the bed. Ask the client to roll onto his/her back. Some caregivers find land marking is easier using this method with this sling design.

3. Locate the storage pouch between the client's thighs. This storage pouch (made of Spacer Fabric) houses the midline leg straps. Thread the leg straps through the midline leg straps.
4. Attach the loops on the straps to the carry bar on the lift
 - a. Make sure you use the same colour loops on both sides of the sling (i.e., if you use blue on the left leg strap, use blue on the right leg strap)
 - b. Remember: Short loops for Shoulders, and Long loops for Legs if you want the client to be lifted in an upright seated position. The Comfort Recline Sling maintains the client in a more upright position than other slings.

The Comfort Recline Sling is not design to be applied when the client is sitting in a chair/wheelchair.

Important note: Once you have reached the point at which there is tension on the straps but the client has not yet been lifted off of the surface, STOP THE LIFT. Make sure all straps are securely fastened to the carry bar and that the sling has not shifted position on the client's body (i.e., it is not slipping up the client's back and there no folds or wrinkles in the sling fabric). If you notice anything of concern, stop the lift, and reassess the situation.

Sling removal

The Comfort Recline can only be removed when the client is supine due to the sling design.

When the client is lying down:

1. Remove the leg straps from the client's legs and insert the straps into the storage pouch.
2. Assist the client to roll onto his or her side – have him or her help as much as possible.
3. Tuck the sling under the client's back, *pushing down into mattress* to reduce friction between the sling and the client's skin
4. Ask the client to roll onto his or her back
5. Walk around to the other side of the bed
6. Ask the client to roll away from you just enough that you can pull the tucked sling out from under the client
7. Ask the client to roll onto his or her back



Ordering Guidelines

8E4700	Comfort Recline Spacer Sling - Child
8E4600	Comfort Recline Spacer Sling - JR
8E4500	Comfort Recline Spacer Sling - Small
8E4400	Comfort Recline Spacer Sling - Medium
8E4300	Comfort Recline Spacer Sling - Large
8E4200	Comfort Recline Spacer Sling - XL
8E4730	Comfort Recline Spacer H/S - Child
8E4630	Comfort Recline Spacer H/S - JR
8E4530	Comfort Recline Spacer H/S - Small
8E4430	Comfort Recline Spacer H/S - Medium
8E4330	Comfort Recline Spacer H/S - Large
8E4230	Comfort Recline Spacer H/S - XL
8E5700	Comfort Recline Spacer PINK - Child
8E5600	Comfort Recline Spacer PINK - JR
8E5500	Comfort Recline Spacer PINK - Small
8E5400	Comfort Recline Spacer PINK - Medium
8E5300	Comfort Recline Spacer PINK - Large
8E5200	Comfort Recline Spacer PINK - XL
8E5730	Comfort Recline Spacer PINK H/S - Child
8E5630	Comfort Recline Spacer PINK H/S - JR
8E5530	Comfort Recline Spacer PINK H/S - Small
8E5430	Comfort Recline Spacer PINK H/S - Medium
8E5330	Comfort Recline Spacer PINK H/S - Large
8E5230	Comfort Recline Spacer PINK H/S - XL

